



# News from University Guidance

Produced by the SC Guidance team - ehessian@stansteadcollege.com

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The Grade 12 class had a visit from representatives from Lynn University, one of several on-campus presentations this past fall.

## Schools that visited us...

### Ontario University Fair

University of British Columbia  
York University  
Brock University  
Queen's University  
Carleton University  
University of Ottawa  
University of Windsor  
University of Western Ontario  
Huron College  
Ryerson University  
University of Guelph  
University of Waterloo

### Maritime University Fair

St. Francis Xavier University  
Dalhousie University  
St. Mary's University  
University of King's College  
Acadia University  
Bishop's University

### Individual meetings

Skidmore College  
Endicott College  
Lynn University  
University of Vermont  
Richard Ivey School of Business  
University of Toronto  
Class Afloat

### Schools we visited...

Clark University  
College of the Holy Cross  
Worcester Polytechnic University  
Endicott College  
Curry College  
Hamilton College  
Hobart and William Smith Colleges  
Cornell University  
Skidmore College

## Busy times in U. Guidance

This has been a busy fall for the Guidance Office. We have all been working hard to ensure that students are making the right choices. Ms. Hessian, Ms. Reynolds and Mrs. White have all been meeting with students, organizing visits and planning short trips to help student select the right schools.

The guidance office is happy to welcome Keri Reynolds to the Assistant Coordinator role. Although she has been heavily involved in campus life in the past, this has been her first term in Guidance. So far Ms. Reynolds has been meeting with students, helping with applications, visiting college fairs and travelling to CEGEP sessions to prepare for what is always a very busy application season at the beginning of the new year. Ms. Reynolds will be looking after all of the CEGEP applications as well as some of the Canadian university applications and teaching sections of Grade 10 and 11 Career Education.

In addition to schools visiting us, 20 students in Grades 11 and 12 travelled with Ms. Reynolds to University of Vermont in Burlington on September 18 to meet with representatives at the NEACAC New England College Fair, where over 200 post-secondary options were represented.

On top of continuing with our outreach program this fall, our US College Advisor, Ali White, took a group of Grade 12 students to visit some New England Schools. Over October break they visited Skidmore College, Cornell University, Hobart and William Smith Colleges and Hamilton College.

This December the staff worked to process approximately 116 transcripts and letters for student applications. All of this paperwork had to be turned over in three days after the end of term. That's a lot of calculating, uploading, processing and mailing! Thank you to Keri Reynolds, Donna Richter and Marie-Ève Simard who worked especially hard to make this happen.

## Applications out... Acceptances in!

By December break, 24 students from the Class of 2010 had completed applications to the U.S. and Canadian schools of their choice. All of our applications should be completed by the time this newsletter gets to you in February. Students have been busy writing essays and tests and filling out application forms. Students with early or rolling applications began to hear back from schools in January while the majority of student applicants will begin to hear back throughout the second term and over March break.

### They're In!

#### Some acceptances have already come rolling in:

*In Won Lee – Cornell*

*Ngwa Numfor – Ohio Wesleyan*

*Michele Lessard - Endicott University*

*Felix Boisse - University of Western Ontario*

*Nicolas Bauer - McMaster University, University of Western Ontario*

*Corey Hamilton – Bishop's University, Class Afloat, University of Northern BC*

*Anthony Fortugno – Plattsburgh State*

*Thomas Castle - New England College*

*Maxime Ruel - SUNY Brockport*

## Student-athletes: A note on the NCAA Clearinghouse

To practice, complete, and receive athletic scholarships as a college freshman, high school student athletes must register with the NCAA Initial-Eligibility Clearinghouse.

To register:

1. Access the NCAA web site at <http://eligibilitycenter.org>
2. Click on "Prospective Student Athlete"

To be eligible, students must meet the following requirements:

1. Submit the "Domestic Student Release Form"
2. Maintain a 2.0 GPA or higher in the NCAA Approved Core Courses.
3. Take an ACT or SAT and receive the score appropriate to your GPA as indicated on the NCAA sliding scale (see web site).
4. Graduate from high school on time
5. Successfully complete the appropriate number of NCAA Approved Core Courses

### Qualifying After Grade 11 - Early Academic Certification

Students who meet the following criteria after six semesters (end of Grade 11) will be certified as qualifiers:

- Minimum SAT (math and critical reading) of 1000 or minimum sum score of 85 on the ACT
- For Division I: Core-course GPA of 3.0 or higher in a minimum of 13 core courses
  - 3 English
  - 2 Math
  - 2 Science and
  - 6 additional core courses in any area



For more information on the Eligibility Center, parents and students can contact the Guidance Office or the NCAA website, <http://eligibilitycenter.org>

## Free online resource for students who wrote the PSAT

My College QuickStart is an online college and career planning kit available free of charge to all students who take the PSAT/NMSQT. It is powered by their responses to the test and provides personalized information that helps students take their next steps toward college.

**My Online Score Report:** an enhanced score report that allows students to review each test question, their answers, and the correct answers with explanations

**My SAT Study Plan:** a customized SAT study plan based on students' PSAT/NMSQT test performance,

highlighting skills for review and practice

**My Personality:** a detailed personality test that helps students learn about themselves and discover majors and careers that fit their strengths and interests

**My Major & Career Matches:** extensive information about majors and careers, including insights about what to expect and what courses to take now

**My College Matches:** a starter list of colleges based on students' home state and indicated choice of major

## What can parents do?

Talk with your child about his or her choices of schools and programs. The more you discuss the options available, the more prepared you will both be for the application and decision-making process.

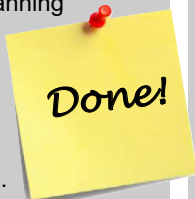
You can apply together with your child for FAFSA ([www.fafsa.ed.gov/](http://www.fafsa.ed.gov/)) or CSS Profile (<https://profileonline.collegeboard.com> -- US only) and look at the various scholarship and financial opportunities in both Canada and the US.

If you have any questions about the process or the choices your son or daughter is making, please do not hesitate to contact us, even if it is just to touch base; we would love to hear from you!

## Grade 11 Action Plan Based on College Board's suggested action plan

### Fall

- Write the PSAT October 14.
- Study hard in your course work to help boost your GPA (average).
- Make lists of your abilities, preferences, and personal qualities. List things you may want to study and do in college.
- Jump-start your college planning by reading about majors and careers.



### Winter

- Use the access code on your PSAT/NMSQT score report to sign in to your personalized planning kit. You can prepare for the SAT using a study plan based on your PSAT/NMSQT results and explore lists of suggested colleges, majors, and careers.
  - Prepare for the SAT Reasoning test (May 2) and the ACT Plus test (April 4).
- CEGEP applicants:**
- Meet with Ms. Reynolds to set a plan for your applications.
  - Arrange a plan to visit the schools of your choice at an open house or on an individual visit
  - Complete your application by March 1.

### Spring

- Plan ahead
- Review your senior year class schedule with your counsellor. Challenge yourself with advanced and AP classes directed toward the programs you will choose.
- Plan summer activities early. Enrich yourself by volunteering, getting an interesting job or internship, or signing up for special summer learning programs.

### Summer

- Keep up your momentum
- Visit schools. Take campus tours and, at schools you're serious about, schedule interviews with admissions counsellors.
- Request applications from schools to which you'll apply. Check important dates; some universities have early dates or rolling admissions. Consult the college application calendar and the financial aid calendar for a basic idea of the applications timeline.
- **We highly recommend the online SAT prep course from Kaplan at [www.kaptest.com](http://www.kaptest.com)**

## How to contact us:

### Eryn Hessian

University Guidance Coordinator  
[ehessian@stansteadcollege.com](mailto:ehessian@stansteadcollege.com)  
 (819) 876-7891, ext. 233

### Keri Reynolds

Assistant Coordinator  
[kreynolds@stansteadcollege.com](mailto:kreynolds@stansteadcollege.com)  
 (819) 876-7891, ext. 290

### Ali White

U.S. College Advisor  
[awhite@stansteadcollege.com](mailto:awhite@stansteadcollege.com)  
 (819) 876-7891, ext. 302  
 (802) 334-0223

### Donna Richter

Guidance Administrator  
[drichter@stansteadcollege.com](mailto:drichter@stansteadcollege.com)  
 (819) 876-7891, ext. 294